



# Mail Orders

## Christmas Catalogue 2014

*Unique, handcrafted, natural soaps, candles and skin care products hand made with love in Broome by Alison Southern, Brian Smoker & team at*

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**All prices are inclusive of gst**

<http://www.hiddenvalleyhandcrafts.com.au/>  
<https://www.facebook.com/HiddenValleyHandcrafts>

Celebrating global oneness  
Peace on Earth,  
Goodwill and abundance  
to all.





## Hidden Valley Soaps

All soaps are hand made from pure vegetable oils - saponified WA olive, certified sustainable palm, coconut and castor oils. These ingredients produce firm, mild, creamy, moisturizing soaps, with rich lather even in hard water. The different soaps are then crafted with pure essential oils, extra superfatting oils, herbs, cosmetic grade coloured pigments and other ingredients. We make beautiful soaps with gorgeous marbles, colours and pure plant aromas, expressing our love for a special Kimberley environment & lifestyle.

As well as making good soap at a physical level, we aim to create soap which cleanses and nourishes the human spirit. It's important to us to work with positive energy, maintaining a happy, loving workspace and bringing the best of ourselves to our work/play.

*Soapmakers' Prayer -  
Let this soap cleanse away fear,  
let love be here.*

### Sizes

Large blocks about 100 gm  
With labels \$6.50 each



All soaps can be gift wrapped beautifully in fabric & satin ribbon \$9.50

Half blocks (no labels)  
\$3.25 each

Guest soaps 1/5 size  
ideal for luxury guest houses, B&Bs, promotions, weddings, individually labeled by prior arrangement  
Enquiries welcome.



## Broome Selection

**Cable Beach Sunset** (yellow/orange/red)  
Relaxing, winding down soap in homage to beautiful Cable Beach - vetiver, rosewood, palma rosa, lavender and rose geranium. Our biggest seller, formerly Gantheaume Sunset.

**Pearl** (natural) A classic, luxurious, pearly textured soap superfatted with macadamia oil and our Avocado Dry Skin Cream. Soft and pampering aroma blend of palma rosa, rosewood, patchouli, rose geranium, frankincense and petitgrain pure essential oils.

**Wild Free Kimberley** (White and blue/turquoise on pindan orange) A soap to help protect and cherish our pristine Kimberley wilderness. 40% proceeds go to conservation groups. With pure essential oils to nurture strong nature & heart connection - lemon scented ironwood, honey myrtle, lime, ginger, cedarwood, coriander & spikenard.

**Full Moon Rising** (pearl marble on gold)  
Rich, sensual, relaxing and exotic - patchouli, ylang ylang, cedarwood, petitgrain, frankincense, orange and tangerine.

**Kimberley Wet Season** (green, gold, white)  
Fresh and energizing, ideal before work, helps counter Wet Season lethargy. With lime, basil, petitgrain, rosemary, may chang, lemon myrtle and peppermint.

**Saltwater Country** (blue/green marble)  
Celebrates turquoise and ultramarine Kimberley seas, and the fresh, open marine aroma of saltwater paperbarks and sea breeze. Pure essential oils of melaleuca quinquervia (niaouli) with spike lavender, lime, may chang, fragrant agonis & mint.

**Ancient Rock** (red/yellow/black/white)  
Inspired by the extraordinary rock formations around Broome, a soap with deep and spicy essential oils of ylang ylang, cinnamon, orange, petitgrain, clove, peru balsam, bay, cardamom, may chang and vetiver.

**Lurujarri Trail** (blue/white/orange/green)  
Special soap paying tribute to the Lurujarri Heritage Trail near Broome, celebrating culture, country and reconciliation for all. With spacious bush blend of honey myrtle, rosemary, eucalyptus radiata, peppermint, cinnamon and fragonia.

**Broome Bug Soap** (turquoise marble)  
Fresh and antiseptic to fight infection and help repel insects, great for camping - neem oil, spike lavender, lemon scented tea tree, niaouli, lemon scented gum and peppermint.



**Frangipani & Friends** (pink & lemon marbles on white) Tropical florals - plumeria and white magnolia, with ylang ylang, nutmeg, orange, lime, may chang, spearmint and vetiver, superfatted with mango butter.

**Coconut and Lime** (green & toasted coconut marbles on white)  
Fresh, gentle & tropical, with coconut fragrance and lime pure essential oil.  
(caramel with pink & pearl white marbles)



## Hidden Valley Favourites

### Christmas Goodwill Soap\*\*

(gold, red & green marbles on white) Our classic soap with Christmas aroma – orange, tangerine, may chang, cinnamon, lime, ylang ylang, frankincense, nutmeg and clove. \$6.50



Gift wrapped in fabric & ribbon \$9.50

### Sandalwood

(cinnamon marble)  
Relaxing and slightly exfoliating - WA sandalwood, cedarwood, patchouli, cardamom, sandalwood fragrant oil and ground sandalwood and cinnamon.

**Lemonessence** (lemon) Zesty fresh soap, with lemongrass, lemon myrtle and lemon gum, cedarwood, clove and lime, mango butter and calendula petals.

**Blossom** (deep coral with rose petals)  
Floral and romantic - lavender, ylang ylang, geranium, rosewood, patchouli and rose fragrant oil.

**Hope Soap** (white with gold & fuschia swirls) Beautiful soap to celebrate the divine feminine emerging within us all. With warm and feminine pure essential oils of rose geranium, orange, clary sage and vetiver, and with golden calendula petals.

### Happy Soap

(white with orange & gold mica marbles)  
This soap looks and smells happy, vibrant with oranges! Use it to wash away sadness, and to lather yourself with happiness and gratitude. Contains pure essential oil of orange with a little rosewood, ylang ylang and patchouli.

**Tibet** (saffron & maroon)

Warm and woody, celebrating lovingkindness - cedarwood, juniper, sandalwood, frankincense, vetiver, rosewood, palma rosa & orange.

**Wildrose** (pink marble) Romantic, floral, spicy - with pure essential oils of rosewood, palma rosa, geranium, peru balsam, cinnamon, and rose fragrant oil.

### Sweet Dreams

Delicious warm, sweet, luxurious vanilla soap, made with high quality vanilla fragrant oils together with pure essential oils of orange & cardamom.

**Warm My Soul**, a soap to come home to – wholesome, warm and nurturing with gentle oatmeal exfoliation. Contains raw honey, oatbran, cinnamon and pure essential oils of WA honey myrtle, NZ manuka, French lavender, cinnamon and a dash of warm vanilla sugar fragrance oil (US).

### Purity (Goats Milk soap)

natural  
Ideal for babies and super-sensitive skins - a gentle, creamy goats milk soap with lower percentages of pure essential oils - calming lavender and blue (German) chamomile.

### Kids' Soap

(lime, blue, orange, pink & purple on white)  
Zany soap in bright but safe colours, with uplifting and calming essential oils for children - orange, lime, may chang, mandarin & spearmint. Made only in half blocks (2 for \$5.50) or quarter blocks, (4 for \$5.50).

### Coffee Scrub

(granite - brown)  
Heavy duty, exfoliating soap with instant and finely ground Bali coffee beans, Ideal as a kitchen or laundry hand soap for cooks, mechanics & gardeners (removes smells, grease, dirt). With orange, vanilla, vetiver, clove, nutmeg, petitgrain & tea tree.

### Transformation Soap

(light green)  
A beautiful salt soap to assist letting go unhelpful habits, beliefs & ego, and to open and strengthen the loving heart. With Flossey sea salt, mango butter, Avocado cream, citrine crystal essence and essential oils of lavender, juniper, frankincense, pure Bulgarian rose, vetiver and sandalwood.

### Soap stands

\$8 ea  
Solid pale bamboo or dark wooden slats.  
With soap tied in raffia \$15  
Or Shrink wrapped



## Hidden Valley News

Find us now on **Facebook** and **Tripadvisor**! We'd specially love any feedback on Facebook or reviews on Tripadvisor.

Welcome to Jerilee, capably joining Alexis in the shop on Wednesdays through Fridays, and Zoe (cleaning with love). It's currently a young, creative and energetic team.

### Freight

In the long winded saga of the **PO Box delivery charge**, we now offer the old Australia Post Express 3 kg bags (now \$16) and 5kg (\$23) again to PO box customers. These may take a little longer to reach you than Startrack, but at least you won't need to pay extra. Our normal, fast freight is Startrack Express 3kg (\$16) and 5kg (\$23). We also offer 500gm Australia Post Express bags to all customers, though they may be a little slower than courier (\$12). Sorry that there is simply no small courier freight option.

We are delighted to maintain all our prices this year with no significant rises.



## Design your own Gift

Just choose your products & phone Lexie or Jerilee for container options—we add wood wool and shrink wrapping.

## Gift Sending Service

This makes gift giving a breeze. Just phone, order your gift and we wrap with pretty paper, ribbon & card with your words (please supply), sending direct to the treasured person. We send the invoice to you. Extra charge \$5

### Soap offcut Gift Tags \$2 ea

Hand drawn boab tree greetings on soap slices, these are novel hand made gift tags with space for To.. And From... and strings attached.

### Deluxe Gift Wrap \$6

Alexis does fabulous gift wrap and packaging

### Tomoko's Wishing Birds \$15

A tiny paper crane made by our Tomoko, to hang in your window, kitchen, car, wherever you would like good luck. Japanese cranes are symbols of happiness & peace, made by Japanese people to wish friends or family health, happiness and good luck. Choose your colour.

## Christmas Ideas



Need a perfect hand made gift for under \$10 for teachers, helpers, Secret Santa or whenever a small but exquisite gift is needed? Consider these -

### Christmas Goodwill Soap

Revived at this time of year by popular demand. See p.3. \$6.50 each

### Christmas Goodwill Soap Gift Wrapped

Beautifully wrapped in traditional Christmas fabric and satin ribbon \$9.50

### Gift wrapped soaps \$9.50

Gold satin ribbon on gold & black fabric gift wrapping for any soaps.

### Christmas Giftlets \$10

3 soap half blocks packaged together—a Christmas soap, Pearl and another (eg. Kimberley Wet, Sandalwood or Blossom).

### Aromas & Colours of Christmas jar of 3 tealights **NEW** see p.7

Peace, Celebrate & Honey Myrtle & Lime in sweet French metro jar, gift boxed. \$15

### Peace, Celebration, Honey Myrtle or Kimberley Wet Soybeans \$20

Fabulous, aromatic, long lasting (about 40 hrs), safe veggie candles for Christmas, optionally decorated in Christmas style, with gold bells or holly. See p.6-7

### Aromas & Colours of Christmas Box of 3 Baby Soybeans

Peace, Celebration & Honey Myrtle & Lime baby soybeans beautifully presented in a Christmas giftbox. See P. 7 \$37

### Christmas Box of Soybean & soaps

Aromatic red or white or green soy candle with a Christmas soap and another matching soap in woodwool. With baby soy (20 hrs) \$28  
With medium soy (40hrs) \$35

### Peace Giftbox with candle \$35

Peace soybean candle, Peace (Pearl) soap and Happy soap or Hope Soap gift packaged.

**Caroma NEW** A small car diffuser for essential oils, for happy aromatic driving \$ 9  
With your choice of essential oil blend \$24  
(Phone for help with good choices for cars)



## Gift Collections

**Aromas & Colours of Broome NEW** \$37  
A box of baby soybeans in classic Broome colours & aromas (pindan (Cable Beach Sunset), white (Peace) & turquoise (Light Heart aroma))

**Aromas & Colours of Broome jar of 3 tealights NEW** Small lidded jar with classic Broome tealights as above, gift boxed \$15

**Spirit of Broome Platter**  
Our popular Cable Beach Sunset baby soy candle with 5 Broome soaps in a display hamper \$45

**Pamper Hamper NEW**  
Hamper of pampering treats – Sheba Salt Scrub, 2 half soaps, Venus Body Lotion, Shea Mousse, Rose Mist & Rose Cream, Love tealight. \$83

**Frangipani Gift Platter**  
For frangipani lovers, 2 frangipani soaps, 100ml Body Mousse & frangipani magnet \$32

**Frazzled Feet Repair Box**  
With pampering foot treats - Chill Foot Soak, Walnut Scrub, Healing Foot Balm, Chill Foot & Leg Gel & 2 Saltwater Country guest soaps \$46

**Travel Buddy**  
Silver travel zip bag with handy masculine stuff - Close shave lather & shaving brush, Sandalwood Aftershave Lotion, Sandalwood soap & Sandalwood & Spice deodorizing spray p.16 \$62

**Soybeam Candle & Two Soaps**  
A Peace, Cable Beach, Lavender, Honey Myrtle & Lime or Vanilla soybeam candle plus any 2 soaps in a box. With baby soybeam (20 hrs) \$28  
With medium soybeam (40 hrs) \$35

**Mother & Baby Box** \$65  
Includes pure organic calendula and chamomile creams for babies' bottoms & mothers' breasts, with Baby Massage Oil, Lavender soy candle for night feeds, soap for baby and one for Mum too.

**Peaceful Baby Box** \$45  
Baby massage oil, Purity soap, Bonny Bum cream and Lavender soybeam candle for soft and calming light at night

**Feminine Power Toolkit** \$69  
Beautiful products for divine feminine resurgence. With Hope soap, Sacred Self spray, Rosewater hydrosol, Woman Balance Essential oil blend, a small Goddess soy candle with ritual use instructions, & inspirational treats.

## Soap Collections

**Any soap gift wrapped** \$9.50  
Gold satin ribbon on gold & black fabric

**Soap Stands**  
Bamboo or wood slat soap stands+ soap of your choice, tied with raffia or shrink wrapped \$16

**Giftlets** 3 half blocks of Hidden Valley soaps, wrapped together in cellophane \$10

**Soap Sampler - Boxed** 12 popular 1/4 size soaps with pamphlet (380g) \$22

**Large Sampler - 12** half blocks (our choice) in a box with soap pamphlet \$35

**Assortment - 7 or 8** assorted half size blocks & pamphlet in box (430 gm) \$25

**3 Soaps Gift Box -** choose any 3 soaps and one of 2 box designs: Broome selection or Hidden Valley favourites (380 gm) \$20

**6 Soap Gift Box -** choose 6 full size soaps and one of 2 box designs: Broome selection or Hidden Valley favourites (750gm) \$36

**Wild & Free Kimberley gift box**  
3 Wild & Free Kimberley soaps in a gift box with photo of James Price Point. A fund raiser (40%) for conservation groups. \$20

**Going Troppo gift box - 3** tropical soaps, normally Coconut & Lime, Frangipani & Sweet Dreams or Lemonessence in a colourful box with troppo frog & frangipanis (380gm) \$20

**Peace -** a classy "feel good" gift box with 3 soaps - Peace (pearl), Purity & Happy soap. Beautifully designed with peaceful dove in gold and russet, and bookmark with the 12th century prayer of St Francis. 380gm \$20

**Hiromi's Soap Mitts** \$12  
Refillable from colourful cotton fabric with velcro closing, made lovingly by Hiromi here in Broome. Contain chopped Hidden Valley soaps. 500g chopped soap refills \$8.50  
2kg unchopped slices and pieces of mixed soap, ideal for mitts, sachets, laundry soap etc. \$22

**Soap Sachets** Refillable organza bags with chopped mixed soap - ideal to freshen car or wardrobe. Tiny \$3, medium \$5



## Soy Wax Candles

We just love our soys! They feel truly wonderful to make and to burn. Our luxurious soy wax all vegetable container candles are safe, environmentally sustainable and have many other advantages: they seem to burn forever, they burn safely in their containers, any spills clean up easily with hot soapy water, essential oils are easily incorporated and they can co-exist with fans and breezes. You can light them night after night, then later wash out the containers and use them for tealights.

We actually make most of these in 3 sizes – large (\$35), medium (\$20) and baby (\$12).

However, the beautiful large ones have proven too fragile to send for mail orders. They are available in our shop and we suggest transporting them in hand luggage. We have had boxes made for the medium size Soybeams, and these have proven safe in transit and attractive as gifts. Our little baby soys are not as yet individually boxed, but they have proven relatively safe to send in bubble wrap or in boxes of 3.

### Soybeams (medium) \$20 ea

These are in beautiful safe bulb shaped glass containers with lids, and have essential oils added at a minimum of 4%. We finish the bulbs with gift tags and beads on stretch gold or silver cord, so they make beautiful gifts. At Christmas we use Christmas decorations (bells, holly etc.) if you choose. The medium bulbs take 125gms of soy wax and burn around 40 hours! All these medium Soybeams come in attractive gift boxes and bubble wrap for safe transport. (And some unboxed babies for \$12, see below, which burn 20-25 hours)



**Cable Beach Sunset** Orange, with our classic blend of vetiver, lavender, palma rosa, rosewood and rose geranium. Pampering and relaxing. Also in Baby size \$12

**Celebration** Red with tangerine, orange, geranium, frankincense, cinnamon & nutmeg - citrus and spice, for warmth and fun. Also in baby size \$12

**Full Moon Rising** Gold, with ylang ylang, orange, tangerine, lemongrass, cedarwood, vetiver and frankincense. Warm and exotic.

**Honey Myrtle & Lime** Lime green, for zesty, uplifting honey-citrus freshness, a favourite this year. Also in Baby size \$12

**Kimberley Blue** Clear blue candle with pure essential oils of honey myrtle, rosemary, peppermint, eucalyptus, fragrant agonis & cinnamon. For spaciousness and easy breathing.

**Kimberley Wet** Lime green, with rosemary, lime, lemon, lemon myrtle, basil and pepper mint. Fresh, uplifting, and energizing. Also in baby size \$12

**Lavender** Lavender with French & spike lavender, for health & relaxation. Ideal for Mums feeding babes in the middle of the night! Also in baby size \$12

**Love** Pink with rose geranium, bergamot, ylang ylang, lemongrass, orange, rose, vetiver, frankincense and sandalwood. For compassion, for unity, and opening up the loving heart.

**Meditation** Clear sky blue, with pure frankincense, myrrh, sandalwood, vetiver & rosewood, for deepened breathing & spiritual connection.

**Peace** White with vetiver, frankincense, palma rosa, rosewood, tangerine, lemongrass and geranium in a gentle peaceful aroma. Our most popular soybeam. Also in baby size \$12

**Pestoff** Lemon yellow, with a huge 6% of insect repelling pure essential oils of lemon gum, lemon scented tea tree, citronella, kunzia, geranium & peppermint. Great for caravans, rooms, outdoor areas, BBQs etc as they tolerate breezes & fans. Also in tins for outdoors \$15



- Sacred Space** Violet with traditional oils to clear spaces and invite positive, loving energy – basil, hyssop, juniper, cypress and rosemary.
- Sandalwood** Brown, with sandalwood fragrant oil & pure essential oils of cedarwood, clove, vetiver, cinnamon, cardamom and WA sandalwood, for clearing and relaxation.
- Roebuck Bay** Turquoise, with our light heart essential oil blend – fresh citrus & mint
- Tree of Life** Green with cypress, cedarwood, juniper, lime, pine, clary sage and rosemary - fresh & green smelling, for abundance and nature connection.
- Vanilla** **By popular demand**, in a pale caramel colour, a soybean for warmth, comfort & delight of the senses, containing luscious vanilla fragrant (not essential) oil. Also in Baby size \$12

## Aromatic Soy Tealights

All the above aromas are available in individual tealights or attractive little packs of 6 tealights in clear non toxic polycarbonate holders. Burn them anywhere, or use in your soybean glassware when the originals are finished. Burn time is a good 6 hours each.  
\$2.50 each or 6 pack \$15



**Pick & Mix Box NEW** – Choose any 6 aromatic tealights packaged in a gift box \$15



## Special Christmas Soy Candles

**Christmas Packaged Soybeans \$20**

Any boxed candle can be gift packaged in traditional Christmas style.



**Aromas & Colours of Christmas Soybean Box \$37**

Wonderful gift containing Peace, Celebration & Honey Myrtle & Lime baby soys beautifully packaged in a Christmas giftbox.



**Aromas & Colours of Christmas 3 Tealights in Jar \$15**

Peace, Celebrate & Honey Myrtle & Lime tealights in boxed jar **NEW**



**Aromas & Colours of Broome Soybean Box \$37 NEW**

Gift boxed pindan orange (Cable Beach), white (Peace) and turquoise (Roebuck Bay) baby soybeans



**Aromas & Colours of Broome 3 tealights in jar \$15**  
**NEW**

## Unscented Soy Tealights

Soy wax tealights, no essential oils, in metal containers - ideal for oil burners.

\$1.50 ea



# Hidden Valley pure essential oils

Hidden Valley Handcrafts sells pure essential oils in 10 ml glass bottles with dripolators, and larger amounts (50, 100mls or more) available on request. Due to the huge quantities of essential oils bought for soap and candle making, hence our purchasing power, and our minimal packaging policy, it is possible to keep prices fairly low. However, be assured that we are fussy about high quality! For instance, the sandalwood is the best available in Australia.

Basil	\$ 13	Patchouli	16
Bay	15	Peppermint	9
Bergamot (Bergapten free)	14	Petitgrain	12
Black Pepper	15	Pine	9
Cajeput	11	Rosalina *	14
Cardamom	26	Rose Damascena (Bulgarian) 2.5%	29
Carrot Seed	29	Rose Geranium	13
Cedarwood (Himalayan)	11	Rosemary	9
Chamomile German 2.5%	15	Rosewood	12
Chamomile Roman 2.5%	15	Sandalwood (WA) High Grade*	45
Cinnamon Leaf	9	Spearmint	10
Citronella	9	Spikenard	36
Clary Sage	15	Tangerine	10
Clove	12	Tea Tree	10
Coriander	16	Thyme	18
Cypress	14	Vetiver	15
Eucalyptus Radiata	9	Ylang Ylang 3rd grade	13
Eucalyptus (all) 50ml	25	Ylang Ylang 1st grade	20
Eucalyptus (all) 100ml	38		
Eucalyptus Citriodora (lemon)	9		
Eucalyptus Peppermint	9		
Fennel	15		
Fragrant Agonis (Fragonia)	17		
Frankincense	28		
Geranium (Bourbon)	18		
Ginger	15		
Grapefruit (white)	11		
Grapefruit Pink (Cert.organic)	19		
Helichrysum 2.5%	15		
Honey Myrtle	14		
Hyssop	23		
Jasmine Absolute 2.5%	15		
Juniperberry	15		
Kunzea	19		
Lavender Mt Blanc	10		
Lavender Mt Blanc 50 ml	27		
Lavender Mt Blanc 100 ml	42		
Lavender Population	15		
Lavender Population 50ml	40		
Lavender Population 100ml	65		
Lemon Cold Pressed	9		
Lemon Myrtle	14		
Lemon Scented Tea Tree	15		
Lemongrass	9		
Lime	10		
Mandarin Cold Pressed	10		
Manuka	26		
Marjoram (Sweet)	24		
May Chang (Litsea cupeba)	9		
Myrrh	36		
Neroli 2.5%	16		
Niaouli	13		
Nutmeg	13		
Orange (Sweet) *	9		
Orange (Blood) <b>NEW</b>	10		
Palma Rosa	11		

Rarer essential oils & bigger sizes also available

**Solubulizer** 50ml \$9.50  
Polysorbate 20 to dissolve essential oils in water to create room and linen sprays.

**Electric Essential Oil burner** \$50  
Ceramic, attractive, safe and easy to use with our essential oils and blends. Do not require water. Perfect for work, bedrooms, hospital rooms etc. Blue, green, sand, white or black Boxed.  
New, more modern shapes also now available in white and black only, same price.

**Electric Essential Oil Burner with LED light** **FAB GIFTS** Boxed \$68  
We can hardly keep up with these—they are SO popular. Attractive white ceramic burner with petal shaped cutouts, doubling as a night light. Choose plain white LED light or a slow scroll through rainbow colours. This makes a really beautiful gift, and can be teamed with a small box of 2 or 3 essential oil blends or singles.

**Caroma—NEW** diffuser for cars to encourage happy peaceful aromatic driving. \$9  
In pack with essential oil blend \$24

**Essential Oil wooden boxes**—just a few left, phone for details.



## Essential Oil Blends

10ml \$15 50 ml \$40 100 ml \$65



**After the Rain** **NEW** green and fresh, with grapefruit, petitgrain, geranium, lime & violet leaf.

**Bush Breathe Blend** Oz anti-viral, anti-infectious oil blend for colds, flu or sinus/asthma problems. An intelligent precaution for plane travel - apply to tissue or collar.

**Cable Beach Sunset** - classic blend used in our soaps, candles, body lotion & mousse

**Citrus & Spice** Lovely blend of citrus and spices for your oil burner or pot pourri.

**Footspa Blend** - minty and cooling for tired, aching or perspiring feet

**Full Moon Rising** - patchouli, cedarwood, frankincense, ylang ylang, tangerine, petitgrain & may chang, as used in soaps & candles

**Honey Myrtle & Lime** – **NEW** So fresh & zesty—WA honey myrtle with tropical lime.

**Insect Blend** - deter those critters! A blend for oil burners combining several essential oils

**Intimacy** - sweet ylang ylang, orange, petitgrain, patchouli, clary sage, cinnamon.

**Kimberley Blue** - honey myrtle, rosemary, peppermint, euc. radiata, fragrant agonis & cinnamon. For spaciousness and easy breathing.

**Light Heart** - fresh, uplifting, summery & light hearted similar to Rise 'n Shine shampoo

**Peace** - gentle calming blend for inner and outer peace, as used in the popular Peace soy-beam, and similar to Pearl soap.

**Radiance**—beautiful, romantic, feminine & warm with orange, cedarwood, palma rosa, rose & vanilla CO2 extract. **NEW**

**Sleepy Blend** - for restless nights, a mix of lavender, mandarin, bergamot, marjoram, clary sage and Roman chamomile.

**Welcome Home** - relaxing with mandarin, lavender, rose geranium, orange & rosewood, ideal after work. Calms agitated kids.

## Woman Balance Blend – **NEW**

nurturing & hormone balancing blend with bergamot, grapefruit, geranium, lavender, clary sage, R. chamomile & real rose. Great for PMT, red tent times & menopause. Sorry this one is \$30 for 10ml due to expensive oils.

## Pulse Point Perfumes

Unlike expensive commercial perfumes, which are mostly synthetic aromas in alcohol in very fancy bottles, these are pure essential oils in jojoba oil, in a 10ml roll-on glass bottle. Always test first on inner arm for irritations. \$18 each

**Frangipani** - light and tropical - frangipani and a dash of sandalwood, spice and lime

**Sandalwood** - rich, deep and woody for the many sandalwood junkies around

**Chill!** Not a perfume, but an excellent stress and headache reliever, apply to back hairline and temples - cooling and calming, with blue chamomile, lavender and peppermint. 10ml

**Magdalena's Oil**—again, not a perfume but a power tool, not for the faint-hearted! Deep base resin aroma of 22% pure spikenard, which Mary M used to anoint the feet of Yeshua. Wonderful for sassy gals seeking courage, fortitude & fem power. \$20

## Fragrant (synthetic) Oils

We dislike most synthetic aromas, but a few good ones stand out – all are 10ml sizes.

**Frangipani "Perfume Oil"** \$28.00

Cook Islands frangipani but contains a perfume fixative. However, it smells nicer than real Frangipani Absolute.

**Sandalwood Fragrant Oil** \$15

From Brambleberry (U.S.), one of the nicer sandalwoods as the real thing becomes very expensive. Some people actually prefer this.

**Sweet Dreams Oil Blend** \$15

High quality vanilla fragrant oils with pure essential oils of orange & cardamom.

**Cempaka** \$15

From Denpasar—it's a favourite SE Asian floral, also used in Body Mousse and some hair products, following Balinese practice.



**Rejuvenate** organic skin care range represents the best, safest and most organic facial products we can make, in high quality packaging. Naturally they are more expensive, but they compete competitively with well known expensive brand cosmetics. Our feedback has been wonderful, some are tossing their expensive French big name cosmetics!

There are four products in the range. You can buy the whole set in a handy zip bag, or each individually in a white satin bag. Alternatively, we have smaller sized Travel Packs of the 4 products.

Unfortunately we are cancelling further production of the original **Soothe** range for sensitive skin. Far fewer customers have been interested in this than in the **Rejuvenate**. And due to our careful use of ecocert preservatives, we cant turn Soothe over quickly enough to avoid spoilage. We really regret having to cease making Soothe, and apologize to anyone inconvenienced. We DO still have smallish stocks available, especially of the moisturiser. Phone for information.

## Rejuvenate

Designed for women, like ourselves, who have mature or dry skin and want extra nourishment in their skin care. But having said this, our daughters (in their 30s) have really enjoyed them too! The moisturiser in particular has been enormously popular, particularly in dry times of year.

We spent a lot of time deciding on the purest, most effective nourishing and replenishing ingredients for our "women of wisdom", with thrilling results. Includes:

*Eco Cert approved olive emulse wax, organic carrier oils - camellia, jojoba, evening primrose oil and rosehip, organic rose hydrosol, organic plant extracts which are anti ageing, strengthening, elasticising and anti oxidant, and soothing emollients and cleansers which support the lipid layer of skin while cleansing, keeping it supple. The inclusion of special vitamins and CoEnzymeQ10 - an anti oxidant which protects the cell membrane against environmental damage caused by free radicals, further help in preventing wrinkles and sagging. Our beautiful Bush Flower essences are selected for their physical and emotional properties and to nurture the feminine.*

### Cleanser

White pack with quality pump which closes for travel. 125 mls \$35

### Toning & Treatment Serum

Combines toner & herbal treatment in one concentrate. 30mls airless serum pump \$31

**Moisturiser** Rich and emollient, our very finest moisturiser, extremely popular, In a chrome and acrylic airless serum pump 45 mls \$45

**Exfoliant** with jojoba beads to gently exfoliate in cleansing base, 125 mls \$39

### Rejuvenate Set of 4 Full size with instructions

in zip bag \$135



### Rejuvenate Travel Pack

Zip travel bag with tiny versions of all 4. Includes Cleanser 50 ml, Serum 15ml, Moisturiser 15ml, Exfoliant 50ml. \$45



## Totally Natural Skin Care

The products on this page have absolutely no **synthetic chemical additives** - no preservatives, emulsifiers or any other product which does not occur in nature. So it is possible to develop a beautiful, safe, complete facial care routine - cleansing, toning and moisturising, using the completely natural, synthetic free products on this page.

### Ubtan

**or herbal powder cleansers**, have evolved through our interest in both ancient Aryurvedic beauty care and Western herbs & essential oils. These are carefully blended for the different skin types from very finely ground organic grains with herbs, flowers, spices & essential oils. When mixed to a paste with appropriate liquids, they resemble very fine scrubs, suitable for daily use. Each cleanser comes packaged in a PET fully recyclable plastic jar with an instruction pamphlet. 100 gm for \$17, or 200 gm for \$28.

**Ubtan Vata** - blended especially for normal to dry skin (most people).

**Ubtan Pitta** - for blemished or troubled skin including acne.

**Ubtan Kapha** - normal to oily, or sluggish skin which may have large pores.

Small blue & white Chinese fish bowls suitable for mixing \$2.50  
 Tiny pearl shell mixing spoons \$5

### Pure hydrosol toners

We suggest using pure hydrosols as facial toners - See the options on page 12. These have no chemical additives and are simply pure water with the aromatic constituents of plants.

## Precious Facial Oils

50ml green glass dripolator bottles

These replace moisturizers. They are mixtures of beautiful cold pressed base oils with Vitamin E and pure essential oils.

**No preservatives or emulsifiers are necessary.** Apply to a **damp** face after cleansing with an ubtan paste and toning with a hydrosol. They last for ages as you need only a few drops.

**Vata** (normal to dry skin) - cold pressed sesame, rice bran and borage seed oil with WA Sandalwood, Tasmanian lavender, Bourbon geranium and palma rosa. \$25

**Pitta** (for blemished/troubled skin) - Cold pressed macadamia infused with healing & soothing herbs, with jojoba, evening primrose & borage seed oils, Vit E, essential oils of lavender (Tas.), tea tree, Roman chamomile and helichrysum \$25

### Precious Facial Oil for Succulent Women of Wisdom

- gentle and luxurious, for mature skin, with cold pressed apricot kernel, rice bran, rosehip, borage seed and jojoba oils, Vitamin E, essential oils of sandalwood, patchouli, lavender, geranium, frankincense, carrot seed and Roman chamomile. \$25

### Rose Hip Regenerative Oil Blend

A gentle, luxurious massage oil to encourage skin cell regeneration in treatment of scarring after surgery or accident, burns or just facial wrinkles. Doubles as superb night time moisturizer (dab on a wet face). With pure essential oils of lavender, immortelle, rose & frankincense in mainly rose hip oil, with calendula infused and jojoba oils & Vitamin E.

50ml	\$30.00
10ml	\$10.00





## Cleansers

### Clean Face

Mild but effective foaming cleanser for normal, oily or troubled skin. With water, cocobetaine, decyl polyglucose, calendula, yucca & green tea extracts, glycerine, PEG 7 glyceryl cocoate, sucrose cocoate, conditioning thickener, phenoxyethanol, caprylyl glycol & sorbic acid, & pure essential oils of agonis, rosalina, tea tree & Roman chamomile.

50ml \$9 125mls \$18 250mls \$30

### Gentle Foaming Cleanser

Similar to Clean Face above, but more suited to dry or sensitive skin. With pure essential oils of rosewood, palma rosa, rose geranium, grapefruit, clary sage & Roman chamomile.

.50ml \$9 125mls \$18 250mls \$30

**Creamy Avocado Cleanser** A non-foaming gentle cleanser for very dry skin. Contains almond, avocado, macadamia, carrot and evening primrose oils, herbal extracts, veg.emulsifying wax, Vitamin E, fragrance (natural preserv.)essential oils of lavender, clary sage, chamomile, sandalwood and palma rosa. 125ml \$15 250ml \$25

## Scrubs

### Hibiscus & Luffa Facial Scrub

A really gentle facial scrub for sensitive skin, in an emulsified organic virgin coconut and shea butter base, with castor sugar, finely ground bamboo, luffa and hibiscus and gentle essential oils similar to the Venus range. 180gm in PET plastic pot \$18.50

**Sheba Salt Scrub** - yummy emulsified sea salt body scrub with exotic fragrance, designed to wash off easily leaving skin silky smooth but not greasy. Contains beautiful organic virgin coconut and shea butter & pure essential oils of ylang ylang, vetiver, nutmeg, palma rosa & may chang. \$25 for 270g in 220ml wide mouth PET plastic jar

## Hydrosols

125ml spays \$12.50

Our certified organic hydrosols are made by steam distillation from the plants. They are so pure you could taste them (better diluted!). We have a Super Rose Otto from Bulgaria and a Bulgarian Lavender. Also a Sandalwood hydrosol from WA. Use as toners, fresheners, and for their lovely energy, eg. to cleanse crystals, massage tables and spaces

## Mists

Mists are made from essential oils, water, a solubulizer, and other ingredients.

**Rose Mist** Rehydrating and toning facial spray. Contains witchhazel, glycerine, polysorbate, citric acid, aloe vera, pure essential oils of rose otto, sandalwood, geranium, rosewood & palma rosa. 50ml glass \$12, 125ml green PET plastic \$20

**Lavender Mist** - like Rose Mist but with beautiful lavender \$10 & \$18

### Sacred Self

Personal spray for energy field clearing and activation using beautiful and precious essential oils and essences.

50ml glass only, \$15



**Sacred Space Spray** with traditional herbs for clearing negativity from rooms and work spaces, inviting blessing and protection (formerly Purification spray) 125ml \$20

### Mandarin & Orange Blossom

A deeply calming, soothing mist spray for adults or children, to encourage peaceful relaxation and sleep. Supercedes our former Tranquillity Mist. Contains appropriate Austrian bush flower essences, organic hydro-sols and essential oils. 50ml in glass \$12

### Bush Breathe Travel Spray

Ideal mist to help prevent infections for plane travel & crowded spaces - spray onto a tissue or makeup pad and tuck this into the collar or pocket. Uses same anti-infectious essential oils as the Bush Breathe Essential Oil Blend, p.9. 50ml glass \$10 (OK for overseas travel), 125ml plastic \$18

### Deodorizing Body Spray

Our old favourite bactericidal alternative to commercial deodorants containing aluminium salt, with witch hazel, herbal extracts, and pure essential oils of rosewood, sage, palma rosa, patchouli, niaouli, geranium, lavender, bergamot, and cyress. 125 ml \$18

### Sandalwood & Spice Deodorising Body Spray

A deodorising body spray in energizing spicy-woody aroma, with witch hazel, herbal extracts, and pure essential oils. 125 ml \$18

## Classic Moisturizers

### Almond & Calendula Moisturizer

The lightest moisturizer, designed for normal to oily, acneous or combination skins. Includes almond, jojoba, evening primrose & calendula oils with calendula extract, and Vit E, with lavender, palma rosa, geranium, chamomile, sandalwood & bergamot. 30mls \$10, 60mls \$17, 120mls \$30

### Rose Cream

Luxurious, easily absorbed facial moisturizer for normal to dry or mature skin. Includes sweet almond, macadamia, jojoba and evening primrose oils, shea butter, olive squalane, hydrolyzed oats, Vitamin E and pure rose (nothing beats the real thing), with sandalwood, frankincense, rose geranium & palma rosa. 30ml \$12, 60ml glass \$20, 120 mls \$35

### Avocado Dry Skin Nourishing Cream

A facial cream for the parched, dry skin that can plague Kimberley residents during the dry season. This is the richest of the moisturizers, with lovely emollients and vetiver, frankincense, lavender, neroli, geranium, clary sage & palma rosa. 30ml \$10, 60 mls \$17, 120 mls \$30

## Luscious Lips

15ml in glass pots all \$9 or \$7 tubes  
Seem to last forever!



### Lip Balm

Soothes and heals dry or cracked lips. With beeswax, macadamia, castor, carrot & calendula infused oils, shea butter, C10-30 cholesterol/lanosterol (active skin repair), Vit E, ess.oils of mandarin, lavender & palma rosa.

### Watermelon Lip Gloss

Perfect for little (and big) girls, watermelon flavour and pink gloss.

## Succulent Wise Women

**Yummy Yoni Balm** 60ml \$20 30ml \$12  
Soothing moisturizing all natural herbal balm for dry, thinning vaginal skin, with wild yam, vitex & comfrey infused organic olive oil, beeswax & natural Vitamin E. **NEW**

See also Woman Balance Essential Oil Blend, Rejuvenate moisturizer, Precious Facial Oil for Succulent Women of Wisdom & Succulent Woman or Kindness Body Mousse.

## Foot Products

Great for frazzled feet or combine in a gift box p.5



### Chill Foot Soak

Luxurious foaming aromatherapeutic cleanser in a pump pack, ideal for soaking hot or weary feet in a foot bath or spa. With pure essential oils of lavender, rosemary, geranium, cypress & peppermint. 125mls \$15

### Walnut Foot Scrub

30ml \$8, 60ml \$15, 120ml \$25  
Ground walnut shells in a shea mousse base with fresh & cleansing essential oils of peppermint, sandalwood & lemon tea tree.

### Heel Balm 30ml \$10, 60ml \$17, 120ml \$30

Simple but luxurious balm, with calendula, avocado, wheatgerm oils & shea butter, beeswax and polawax, glycerine, lavender & myrrh essential oils, fragrance.

### Chill Foot & Leg Gel 30mls \$6, 60ml \$11

Cooling, non greasy gel peppermint & lavender with hydrosols & xanthan gum.

**Footspa Blend** - pure essential oil blend for tired, aching feet (p.10) \$15

## Hand Care



### Helpful Hands 125 ml \$25

A wholesome, healing, nourishing hand cream for dry and neglected hands. Made with olive oil and olive squalane, hydrosols, manuka honey, oat protein, shea butter, herbal extracts, and almost edible essential oils of lemongrass, honey myrtle, grapefruit, bergamot and manuka, with a little warm brown sugar fragrant oil. This hand cream contains a tiny percentage of silicone oils, which aids quick absorption, and leaves a very thin fine protective silky layer left on hands. A small dab goes a long way. Comes in an upside down easy squeeze tottle bottle, ideal for carrying around in handbags. Comes with a small card affirmation for helpful hands.

## Household Cleaning

**Cleaner's Joy** D limonene, or spirits of orange, a natural orange derivative cleaning concentrate and solvent for glues and sticky resins. Great in the floor or surface wash  
13 for wonderful aroma 50ml \$9, 100ml \$15



## Shea Body Mousses

All 100ml \$15      220ml \$25

Rich in fabulous moisturizing shea butter and beautiful oils, these are heavy duty body moisturizers for after sun and surf, for rough and very dry skin. Perfect for the Kimberley Dry Season or Perth summers. They come in wide mouth PET plastic jars in 8 different aromas -

**Unscented** for those who like their fragrances in a perfume, or who prefer to add their own essential oils. We suggest 20-30 drops skin friendly essential oils per 100ml

### Cempaka

With our lovely Balinese Cempaka fragrant oil

### Cable Beach Sunset

With our classic Broome essential oil aroma.

**Frangipani**, with popular Cook Islands frangipani perfume oil

**Lemongrass & brown sugar** - lemony fresh with lemongrass and may chang, with a dash of warm vanilla sugar fragrant oil

**Sandalwood** - pure WA sandalwood with some high quality US fragrant oil

### Succulent Woman

Soft and rosy with pure essential oils of rose, rose geranium, palma rosa, frankincense, rosewood and patchouli.

**Tropical** - light and fresh with pure grapefruit, palma rosa and ylang ylang

**Vanilla** - lusciously yummy, a high quality fragrant oil

## ALSO

**Kindness Body Mousse** 100ml \$16  
220ml \$28

This is a different, richer Shea Body Mousse designed for mature, very dry or thin easily damaged skin. It contains cold pressed rosehip (renowned cell regenerator), jojoba oil, calendula, hypericum and carrot infused healing oils, shea butter and calming & healing (non-floral) pure essential oils of lavender, frankincense, Roman chamomile, manuka & WA sandalwood.

## Body Lotions

Recently reformulated to be even better! Lighter and thinner than the rich shea mousses, easily absorbed and made from Australian macadamia and jojoba oils, these come in pump bottles 250ml \$28, 475ml \$48, or smaller squeeze bottles 125ml for \$16

### Cable Beach Sunset

With our famous pampering Cable Beach Sunset blend of vetiver, lavender, rosewood, patchouli, palma rosa & geranium.

### Venus Body Lotion

With a floral blend of geranium, rosewood, palma rosa, sandalwood, clary sage, Roman chamomile, grapefruit & sandalwood fragrant oil.

See also the **Sandalwood Aftershave & Body Lotion** on p.17- great as body lotion

## Hidden Valley Hair Care



Alison and daughter hairdresser Melanie offer two liquid shampoos and conditioners, all in convenient 125ml or 200 ml white upside down tottles: **Energy** and **Calm**. They are both gentle on hair, with mild surfactants, and our test bunnies are very happy! The main difference between them is the essential oils chosen. However the Calm conditioner is a little richer with extra emollients and silicone detangling agents to combat dry hair frizz or fluffiness.

### Energy Shampoo

Mild & creamy shampoo with silky rich lather and energising and uplifting aroma from pure essential oils of cedarwood, lime, cypress, bay, cinnamon, clove & cardamom.  
125 ml tottle \$16.50    200 ml tottle \$25

### Energy Conditioner

A creamy protein conditioner with herbal extracts and vitamins and just enough beautiful organic virgin coconut oil to condition but not make oily. Contains same energising, uplifting aroma - woody with citrus and spice, to match Energy Shampoo.  
125 ml \$16.50    200 ml \$25

### Energy DUO Pack

Shampoo & Conditioner pair side by side, easy

## Hair Care continued.

### Calm Shampoo

A rich, silky cream shampoo with soft luxurious lather and gentle soothing aroma from essential oils of rosewood, geranium, petit-grain, bergamot, Roman chamomile, cinnamon and fragrant sandalwood and rose oils.

125 mls tottle \$16.50 200 mls tottle \$25

### Calm Conditioner

Rich and creamy hair conditioner with vitamins and precious emollients to soften and nourish normal to dry hair. Contains detangling agents and calming essential oil aroma matching the Calm Shampoo.

125 ml tottle \$16.50 200 mls tottle \$25

### Calm DUO Pack

Duo of Shampoo & Conditioner

125 mls tottles \$30 200 mls tottles \$45

### Olive, Rose & Chamomile Hair

**Custard** 100ml \$20, 220mls \$38

A rich and luxurious conditioning treatment for dry, thick or damaged hair. Includes organic rose & chamomile hydrosol & organic olive oil, avocado oil, R.chamomile hydrosols, olive squalane, hydrolyzed oat protein, panthenol B5, dimethicone, cyclomethicone, rhodiola extract, and pure essential oils of rosewood, palma rosa, tangerine, grapefruit, Roman chamomile, rose & carrot seed.

## Solid Shampoo/Body Bars & Conditioners

These are our original solid shampoos & conditioner, still popular, still effective, and great for travel.

100g Lotus shape \$12 40g \$6 or  
Kiddies' shampoo in teddy shape \$12

Novel, popular and handy - soap-free bars made of all the ingredients you would expect in a good quality, mild sulphate free shampoo and conditioner from the health food shop, without the water which normally accounts for around 60-70% and therefore without any nasty preservatives. Just wet your hair, run the shampoo bar across 3 or 4 times, massage up the beautiful creamy lather, and rinse. Use the solid conditioner bar afterward, or a liquid one whatever you prefer.

Each bar lasts at least 30 shampoos (one lady used one for 2 years!) and is formulated for most hair types including coloured hair. Kiddies' shampoo is in teddy shape with child's essential oil blend.

The 40g mini wash makes an ideal travelling soap and shampoo in one.

White PET plastic wide mouth jars with platform inserts to keep shampoos dry or use for travelling: Small \$3 Large \$3.50

The shampoo bars lather beautifully and are pH neutral - they are a high quality alternative to soap, gentle on the skin. 2 Aromas -

### Rise 'n Shine

Freshly scented with orange, lime, mint and geranium essential oils, or

**Cempaka** a tropical floral, for a touch of Bali (where we buy the fragrant oil)

### Solid Conditioner Bar \$12

This contains all the ingredients of a great conditioner without the water or preservatives. It includes shea butter, virgin coconut oil, cocoa butter, hydrolysed wheat protein, Vitamin B5 panthenol, polyquat. 7, cyclomethicone, dimethicone, centrimonium chloride, essential oils of lime, orange, grapefruit with cempaka & sandalwood fragrant oils.

### Hair & Scalp Conditioning Treatment

This is a herbal oil treatment, perfect for dry, scaly, itchy scalp and dry lustreless hair, also helpful for eczema and psoriasis sufferers. Oil of macadamia infused with skin soothing herbs such as calendula, chamomile, chickweed, elderflower, burdock, mallow & yarrow, plus jojoba, borage seed, organic camellia, sesame & castor oils, Vit E and pure essential oils of lavender, rosemary, ylang ylang (1st grade), geranium & carrot seed. \$28

### Kimberley Dog Shampoo

40gm \$6 100gm \$12  
160g+ gift wrapped \$18



Similar to the human solid shampoo but in a dog paw shape. Has added neem oil to deter nasty fleas and ticks, and pure essential oils to help heal & soothe irritations: manuka, tea tree, citronella, kunzea and German chamomile. Makes dog washing simple and pooches soft. A nice, novel gift for dog lovers. Easy to use—more hands free to control the dog!



## Splash! for Serious Bath Lovers



We believe in the old fashioned bath as an unbeaten method to de-stress at the end of the day. Therefore we are thrilled to present Denise's range of gorgeous bath products. Denise has a long association with Hidden Valley Handcrafts and now has an Advanced Diploma in Western Herbal Medicine. She makes beautiful bath fizzes, wonderful organic herbal teas to sip while bathing, appropriate Kimberley bush flower essences to use in the bath, detox bath salts, and clay masks. She has developed 3 ranges:

### Detox, Relax & Revitalize,

with various products within each range.

#### Bath Fizzes \$10 ea

Denise's lotus flower fizzes include pure essential oils at a therapeutic dose to create a bath that can Relax, Revitalise or Detox you. They also are soothing and softening to the skin and have no additives or preservatives.

**Relax** - with pure essential oils of lavender, geranium, palma rosa, rosewood & clary sage.

**Revitalize** - essential oils of grapefruit, orange, ylang ylang, lemon, peppermint & basil.

**Detox** - pure essential oils of cedarwood, rosemary, lavender and juniper.

#### Flower Essences 25ml \$12 each

For an extra special treat add Flower Essence drops to the **Relax, Revitalize** or **Detox** bath. These blended essences are made from Australian bush flowers found in the Kimberley and are a form of energetic medicine for physical and emotional issues. They can be added to your bath (7 drops per bath) and can also be taken under the tongue twice daily. Lots of bath treatments in each bottle!

#### Detox Salts \$8

Epsom salts cleanse the body of electromagnetic radiation and relax the muscles as well. Use after the gym, working physically, or being too long at the computer. A weekly detox salts bath is a protective treat. 1-2baths

#### Spa Bars \$10

These are long lasting Facial Masks, a combination of selected French clays, pure hydrosols, herbal extracts and essential oils in a small take anywhere bar. Immerse in water and smooth over damp face, allow to dry and rinse off. Easy! Cleansing and detoxifying for your skin, choose

Spa Bar 1: for dry/mature or sensitive skin or  
Spa Bar 2: for oily/combination/problem skin.

## Body and Hand Wash

125mls with disc cap	\$11
250mls with pump	\$18
475mls with pump	\$30

In some ways it's sad that many people are now choosing to wash themselves with synthetic detergents, developed in the second World War, rather than natural soaps as used for centuries. Sure, it's easier to clean the basin. And we know you can get so called "Liquid soap" (which is not truly a liquid soap) cheaper at the supermarket, probably using high foaming and drying sodium lauryl or laureth sulphate. But our Body and Hand Wash uses the safest and mildest liquid cleansers we can find, and all have a special expensive eco-cert additive sucrose cocoate to moisturize and mitigate any stripping effects of detergents on skin. pH balanced, we use mild safe cleansers decyl polyglucose and cocobetaine, with moisturising sucrose cocoate and glyceryl cocoate, Crothix thickener & paraben-free preservative. These will not strip skin oils and they feel kind to your skin. Available in:

**Cable Beach Sunset**—our classic pampering blend of rosewood, lavender, palma rosa, rose geranium, vetiver & patchouli.

**Rise & Shine** Fresh with citrus & mint (orange, lime, geranium & a dash of mint)

#### Lemongrass & Brown Sugar

Lemony & fresh with lemongrass, may chang & lemon essential oils and warm vanilla sugar fragrant oil.



## Blokes' Stuff



### Close Shave

Skin-friendly soap free lather in a stainless steel tin. Use with a shaving brush, lasts forever. Spicy masculine aroma \$15

### Shaving Brush

Pure bristle with wooden handle \$5 ea

### Soothing Sandalwood After Shave and Body Lotion

Light toning, soothing, astringent lotion. Includes macadamia, jojoba & calendula oils, pure sandalwood hydrosol, witch hazel, chamomile & calendula extracts, aloe vera, Vitamin E & essential oils of sandalwood & cypress. 125ml \$16 250ml \$28

### Sandalwood & Spice Body Spray

A deodorising body spray in energizing spicy-woody aroma, with witch hazel, herbal extracts, and pure essential oils. \$18

### Travel Buddy

All the above plus Sandalwood soap in a handy silver plastic zip travel bag. Just add toothbrush & comb to go! \$62

## Baby & Mother

(see also the Mother & Baby and Peaceful Baby gift boxes on p.5)



### Pregnancy Massage Oil

A luxurious blend which prevents stretch marks when used twice daily from the 4th month until 6 weeks after birth. Contains calendula, sweet almond, wheatgerm, evening primrose, jojoba and carrot oils, Vitamin E, and pure essential oils of neroli, frankincense, lavender & mandarin. 50ml \$12 125ml \$22 200ml \$30

**Welcome to the World** - a massage oil for labour, with clary sage (uterine relaxant), pure rose otto & lavender. 50ml \$15

### Baby Massage Oil

Soothing and protective. Includes low doses of the safe essential oils for babies - lavender and mandarin in luxurious jojoba oil and calendula infused oil with Vit E. Jojoba oil adds a fine waxy coating to protect bottoms from rashes, calendula is a gentle healer. 50ml \$12, 125ml \$22

### Nipple Nourish

Organic chamomile & calendula herbs infused over many weeks in organic olive oil, with organic beeswax & shea butter. 15ml \$8, 30ml \$15

### Bonny Bum

Soothe stressed bottoms & prevent nappy rash with organic chamomile and calendula herbs infused in organic olive, with organic beeswax & shea butter, Vit E & pure essential oils of lavender, German chamomile and helichrysum. 30ml \$12.50 60ml \$20



## Kiddies' Stuff

### Fairy Sleep Cream \$ 9

Rub a little on child's inner wrist and see the fairy dust (cosmetic grade glitter). Helps littlies go to sleep, with lavender & chamomile. Comes with poem to read aloud before bed 15ml



### Hero Sleep Cream

Specially for little boys, a cream (no glitter!) similar to the Fairy Cream but with a dash of mint, with a poem to read before bed 15ml \$9

**Teddy Shampoo Bar** - Cute teddy mild shampoo bar see p.15

**Hiromi's Soap Mitts** - colourful and fun to work up a great lather see p.5

**Soap Sampler** - like a soap lolly shop, kids love these p.4

**Watermelon Lip Gloss** \$9 p.13

**Healing Cream** - great first aid for kids p.18

**Skinsmart** - all natural safe sunscreen p.18

**Mandarin & Orange Blossom** p.12  
Encourage peaceful relaxation and sleep.



## Health Helpers



No preparation should replace medical attention for serious ailments. These products are designed to help your body's natural defense & healing systems, using age old herbal remedies & modern science.

from people in heavily infested mozzie areas this big Wet. Active ingredients – neem, essential oils and plant extracts. Easy to use, it really works & is natural.  
100ml \$25, (+opt.500ml trigger spray bottle \$4)

### Healing Cream

Our classic all purpose antiseptic, anti-inflammatory and healing cream for topical application to sores, bites, burns, stings, skin rashes, boils, cracked skin. Also a restorative hand cream for people who work with their hands. Safe for children - ideal first aid for the family. Contains rose hip, jojoba, evening primrose, wheatgerm, carrot, calendula and hypericum infused oils; aloe vera, Vitamin E, extracts of calendula, hypericum and chamomile, beeswax and veg. emulsifying wax, glycerine, fragrance (natural preservative), pure essential oils of lavender, niaouli, chamomile, frankincense, helichrysum and myrrh. 30ml \$10, 60ml \$17, 120ml \$30

### Midgie Magic

(Formerly Sandfly Salve) Designed to help newcomers to Broome cope with biting midges (sandflies), this cream soothes, disinfects and heals insect bites (subsequent swelling and infection is the main problem). Contents are similar to the Healing Cream, but with witch hazel and extra chamomile extract in place of the hypericum, and Oz bush remedies Rosalina (melaleuca ericifolia) and Kunzea replacing helichrysum and myrrh. Natural & effective.



30ml \$10, 60ml \$17, 120 ml \$30

Ask for our pamphlet **Biting Midges in Broome**, or find it in Downloads on our website

### Pestoff!

Completely natural herbal body lotion to deter insects. Works perfectly well if re-applied every 2 -3 hours on all exposed skin. Made with 3 active ingredients - local plant extracts, neem oil and pure essential oils of kunzea, lemon scented tea tree, lavender, eucalyptus, citronella, geranium, cedarwood, basil and peppermint.  
50 ml \$9, 125 ml \$17, 250 ml with pump \$33

### Pestoff Heavy Duty Concentrate **NEW!**

Effective, powerful but natural, this comes in a 100ml glass bottle. Add the contents to a 500ml trigger spray bottle—your own or ours, and simply fill with water. Fabulous feedback

### Herbal Skin Calm

A simple calming gel chock full of soothing herbs for irritated skin, for those times when itchy, irritated skin is driving you insane! Helpful for any inflamed skin - from insect bites, eczema, prickly heat, psoriasis etc. Contains extracts of witchhazel, plantain, chickweed, chamomile, nettle, calendula, aloe, lavender & sandalwood hydrosols and pure essential oils of chamomile, lavender and helichrysum. 30ml \$10, 60ml \$17, 120ml \$30

### Achy Breaky

A topical herbal cream designed to ease muscular, arthritic, joint and connective tissue pain and injury, eg. tennis elbow and frozen shoulder. Contains lots of arnica, plus comfrey and hypericum as infused oils and/or herbal extracts, together with witch hazel, glycerine, Vitamin E, beeswax & veg. emulsifying wax, fragrance (natural preservative), and pure essential oils of kunzea, sweet marjoram, lemongrass, ginger, juniper and peppermint. Best not to use if you are pregnant (strong essential oils) and not for broken skin. 30ml \$10, 60ml \$17, 120ml \$30

### Achy Breaky Lotion

All the goodies in the cream above, but in thickish lotion consistency, in a convenient pump pack, easy for travel and ideal for practitioners or people who use lots!

250ml \$38      475 ml \$65

### Skinsmart

An all natural non-irritating moisturizing lotion designed to give protection from harmful UVA & B rays as well as general environmental damage from harsh Australian conditions. Use it as an everyday protective moisturizer or as a sunscreen for prolonged sun exposure. Safe for babies. Not completely waterproof - reapply after swimming. Contains zinc oxide 8% (but no ghost effect), with black tea, avocado, sesame & jojoba oils, shea butter, veg. emulsifying wax, witch hazel, glycerine, aloe vera, calendula, hypericum, green tea and ginkgo biloba extracts, Vitamins E, C and A, xanthan gum, pure essential oils of lavender and fragrant agonis, grapefruit seed extract.



50ml \$10, 125ml with press disc cap \$18 (+\$18 for opt. cream pump), 250 ml with pump

# Mail order information



## Rewards & Freebies **NEW!**

All orders above \$150 (products only) please choose a free gift up to \$10 value. All orders above \$250 (products only) please choose a free gift to \$20 value OR free freight. If you are ordering via our website, please add your choice in the comments section.

## Policy

With your **first** order, we ask for mailed payment, proof of direct deposit or credit card details with your order. Once bona fides are thus established, you can opt either to continue with credit card payments, or pay for subsequent orders by direct deposit or cheque on receipt of the goods. **Please note that we do not keep your credit card numbers unless you instruct us to do so.** Choosing to pay via credit card means we need these details each time you order.

Orders by phone, fax, email or via the website. The items will be packed up and sent with the invoice enclosed. We may choose not to send a new order before you have paid for a previous one. We aim to be prompt with our mailouts, unless a product needs to be made, in which case we will notify you.

## Postage & Packing (user pays)

We use the courier company Star Track. We mostly use 3 kg and 5 kg bags, or multiples of these for bigger orders. These take 2 or 3 days from Broome, depending on your location. We need to put ATL ("Authority to Leave") stickers on all our bags, so the courier is authorised to leave packages even if nobody is there to collect. We suggest you use a work address if you are concerned about possible theft from an unattended home address. Costs to any Australian location are:

- \* 3 kg (eg. max 24 soaps ) \$16
  - \* 5 kg \$23
- Or, for tiny orders, no more than 3 soaps
- \* 500 gm Express post \$12

## PO Box Deliveries

Sorry, but Startrack continues to charge us a post office delivery box fee, so we have decided to go back to using Express Post for PO Box customers (same prices). This may take slightly longer, but be cheaper and less problematic. So if you give us a PO box address we will use Express Post.

We attempt to package everything securely but the latest planes do fly higher, sometimes causing leakage of essential oils and liquids. We now use "TRAVEL SAFE" closures - either pumps or screw top caps on our liquid products. If your lotion has a screw cap we also supply an extra press disc cap to replace it with for easier application. We tape most products and enclose essential oils in ziplock bags to guard against leakage. Please let us know if you have any problems - we want everyone to be happy with their purchases.

## Payment

Credit card, cheque, money order or EFT (direct deposit), payable to Hidden Valley Handcrafts, BSB 736188, Account Number 560692. Please phone to provide credit card information or we can phone you. Credit card payments attract a 2% surcharge.

**PAYPAL**—we are investigating an Express Paypal & Credit Card payment option to the shopping cart on the website. However, this would cost an extra 4-5% , a charge we don't believe it's fair to absorb into regular prices for everyone.



## Hidden Valley Gift Sending Service

Just ring us, order your gift and we will wrap with pretty paper, ribbon & card with your words, sending direct to the treasured person. We send the invoice to you, with extra charge of \$5 *Easy!*

